

# 97213

Below is a list of transportation services available for the zip code above. This is only an estimate. Services listed under “Public Transportation” are available to everyone; most other services are available only to older adults or people with disabilities. To determine what transportation is available for your specific needs, **call Ride Connection’s Service Center at 503-226-0700.**

## PUBLIC TRANSPORTATION

[TriMet](#)

[Providence Portland Medical Center Shuttle](#)

## TRAVEL TRAINING

RideWise is a program that helps those living with disabilities and older adults to travel safely and independently using public transportation. RideWise is a unique partnership between Ride Connection, a non-profit community service organization, and TriMet. The RideWise program offers travel training to individuals so that they can travel more independently and resources for those who may already have public transportation experience, including trip planning assistance. For more information, please call (503) 528-1743 or click [here](#) for more information and our online referral form.

Worklink provides travel training to low income job seekers and wage earners throughout Multnomah and Washington counties. For more information, please call 503-226-0700 or click [here](#).

## COMMUNITY BASED TRANSPORTATION

PROVIDER	CONTACT INFORMATION	HOURS OF SERVICE	TYPES OF RIDES	COST
<a href="#">American Red Cross</a>	Call 503-226-0700 Monday - Friday 8:30 AM - 4:00 PM	Monday - Friday 8:30 AM - 4:00 PM	Door to door rides for the following purposes: medical, nutritive, recreational, school, shopping, supportive services volunteer and work. Escort available on request except to OHSU.	Suggested donation of \$1.50 one way
<a href="#">Metropolitan Family Service - Project Linkage</a>	Call 503-249-0471 Monday - Friday 8:00 AM - 5:00 PM	Monday - Friday 8:00 AM - 5:00 PM; weekend and evening hours possibly available upon request	Curb to curb, door to door and door through door rides for the following purposes: medical, nutritive, personal services, recreation, shopping, supportive services and volunteer. Some escorted services available.	No fee, but donations gladly accepted.

## REGULARLY SCHEDULED TRIPS

PROVIDER	DESTINATION/ TRIP PURPOSE	DAYS/ TIMES
American Red Cross	Cherry Blossom/Nutrition	Wednesdays and Fridays. Pick up at 9:15 AM and return at 1:00 PM.
American Red Cross	North Plains Senior Center/Nutrition	Mondays and Wednesdays. Pick up at 10:45 AM and return at 2:20 PM.
Metropolitan Family Services - Project Linkage	Fred Meyer Glisan/Shopping	Every other Thursday. Pick up at 9:00 PM and return at 11:15 AM.
Metropolitan Family Services - Project Linkage	Fred Meyer Hollywood, Lloyd Center/Shopping	Tuesdays. Pick up at 10:00 AM and return at 12:00 PM.
Metropolitan Family Services - Project Linkage	Gateway Fred Meyer & WinCo/Shopping	Fridays. Pick up at 9:20 AM and return at 11:30 AM.
Metropolitan Family Services - Project Linkage	Gateway Fred Meyer & WinCo/Shopping	Thursdays. Pick ups at 9:20 AM and 10:20 AM and returns at 11:00 AM and 12:00 PM.
Metropolitan Family Services - Project Linkage	Hollywood Fred Meyer and Gateway WinCo/Shopping	Wednesdays. Pick up at 9:00 AM and return at 11:00 AM.
Metropolitan Family Services - Project Linkage	NE Harvest Share/Shopping	One Thursday per month. Pick up at 1:00 PM.
Metropolitan Family Services - Project Linkage	Rose City Safeway/ Shopping	Every other Thursday. Pick up at 9:00 PM and return at 11:15 AM.
Metropolitan Family Services - Project Linkage	Various destinations depending on week including Ainsworth Safeway, MLK Walgreens, Interstate Fred Meyer, Rite Aid, New Seasons/Shopping	Wednesdays. Times vary.
Metropolitan Family Services - Project Linkage	Various destinations including Frontier Thrift, Target, Value Village, community events, etc./ Recreation and Shopping	Mondays. Times vary.
Metropolitan Family Services - Project Linkage	Various destinations including WinCo, Walmart, community events/Nutrition, Recreation, Shopping, Volunteer and Work	Fridays. Times vary.
Metropolitan Family Services - Project Linkage	Westminster Church/ Recreation	Sundays. Pick up at 9:00 AM and return time at 10:30 AM.